



UNIVERSITY OF
PLYMOUTH

PSYCHOLOGICAL STRESS AMONGST AID WORKERS

Over the past couple of decades guidelines created to help protect aid workers have fortunately improved within the industry.

However, even these tend to focus on the physical effects of working in such environments and pay little attention to the psychological impact. Even though mental health conditions are far more common amongst aid workers than the general population.

The University of Plymouth will be conducting 30-60min interviews, via Zoom telephone or face to face, on the experiences and perceptions of psychological stress amongst aid workers. With the aim to ultimately create better working environments and improve support in the future.

WE ARE LOOKING TO INTERVIEW AID WORKERS WHO HAVE RETURNED FROM THEIR LAST PLACEMENT OVER 6 MONTHS AGO. IF YOU WILL MEET THESE CRITERIA BY APRIL 2021 THEN WE WOULD LOVE TO HEAR FROM YOU

If you are interested in participating or would like some more information on the study then please send an email to:

david.barkwill@postgrad.plymouth.ac.uk

